



Vorarlberg
unser Land

CORONAVIRUS

How can you protect yourself?



You must keep a minimum distance of 2 m from other people.



Avoid shaking hands and hugging.



Wear a face covering with protection class FFP2 without an exhalation valve.



Cough or sneeze into a tissue, or alternatively into your elbow.



Disinfect your hands.



Avoid coming into direct contact with sick people.



Restrict travel activity as far as possible, current safety and travel advice can be found at:
www.bmeia.gv.at



Pre-register on the country's digital vaccination platform. You can find all details about the vaccination under:
www.vorarlberg.at/vorarlbergimpft



Get regularly tested at all free testing stations in the country, municipalities and pharmacies.
www.vorarlberg.at/vorarlbergtestet



In case of symptoms, contact your doctor / treating physician or the health hotline 1450. Get tested immediately even if you only experience mild symptoms.



For more information on COVID-19, please visit:

Land Vorarlberg: www.vorarlberg.at/corona
Bundesministerium: www.sozialministerium.at